

Report on Awareness and practice of clean habits (especially handwashing) among children of Kamarkuchi Anganwadi Centre'

Date: 28/09/2025

Objectives

- To educate children and caregivers about the importance of proper hand hygiene in preventing diseases.
- To demonstrate correct handwashing techniques using engaging and age-appropriate methods.
- To instill lifelong personal hygiene habits from an early age.

Target Audience

LP school Children, frontline workers and NSS volunteers

No of Participants

35

Program Highlights

The activity focused on promoting hygiene awareness among children through a lively and interactive handwashing demonstration, emphasizing key steps such as wetting hands, applying soap, scrubbing for at least 20 seconds, and rinsing thoroughly. To make the session engaging and age-appropriate, volunteers used storytelling, songs, and games to explain the importance of hand hygiene before meals, after using the toilet, and following outdoor play. In addition, the session highlighted other essential hygiene practices like trimming nails, bathing regularly, and wearing clean clothes instilling healthy habits from an early age. The children participated enthusiastically, while anganwadi staff appreciated the initiative, recognizing its impact on improving child health. The session proved successful in fostering awareness among both children and caregivers about the importance of cleanliness in preventing illness.

